

The Value of Mentoring

- Mentoring helps because it guarantees a young person that there is someone who cares about them. A child is not alone in dealing with day-to-day challenges.
- Think back. Did you know how to study for a test or make plans for college? Do you remember wanting your first car or looking for a part-time job? Simple things that seem easy or straightforward to you now may appear to be a complete mystery to a young person.
- Mentors provide their mentees with an experienced friend who is there to help in any number of situations.
- If you think you'd make a good mentor, we have lots of information about the many opportunities available. And because mentoring programs are concerned with the well-being and safety of youth and volunteer mentors, you should be aware that it may take some time to be matched with a youth.

In joining a formal mentoring program, you will be asked to go through an application process.

As part of that process, you will supply personal and professional references, and complete a personal interview. The role of a mentor has substantial responsibilities. You will be required to take part in an orientation and training. Throughout your mentoring relationship, be sure to seek support from the program coordinator.

If you have any
Questions about our
Mentoring Program,
Please contact our
Child & Family Services staff

Roxane Carpenter, Director
Children & Families Division
518 828-4619 X202



Mental Health
Association of Columbia
and Greene Counties

Mentoring Program



In Partnership With:



